DAY 9~~REGULAR DIET		DAY 9~~REGULAR DIET	DAY 9~~REGULAR DIET
*REGULAR PORTION	NS ()	*REGULAR PORTIONS ()	*REGULAR PORTIONS ()
SMALL PORTIONS	()	SMALL PORTIONS ()	SMALL PORTIONS ()
LARGE PORTIONS		LARGE PORTIONS ()	LARGE PORTIONS ()
	` '		`,
FRUITS AND JUICES		APPETIZER/SALAD	APPETIZER /SALAD
() *Apricot Nectar	() Orange Juice	() *Cranberry Juice Cocktail	() *Grated Carrot & Raisin Salad
() Tomato Juice	() Cranberry Juice	() Tossed Salad	() Tossed Salad
() Grape Juice	() Pineapple Juice	() Ranch Dressing () French	() Ranch Dressing () French
() Apple Juice	() Prune Juice	() Thousand Island () Italian Dressing	() Thousand Island () Italian Dressing
() Cranapple Juice	() V-8 Juice	() Chicken W/White & Wild Rice Soup with Oyster Crackers	() Assorted Jell-O
			() Cream of Mushroom Soup W/ Oyster Crackers
CEREALS		ENTREES / STARCH	
() *Quaker Oats	() Corn Flakes	() <u>*Chicken Teriyaki</u>	ENTREES / STARCH
() Bran Flakes	() Shredded Wheat Minis	() Ham W/Lettuce & Tomato Sandwich	() *Beef &Mushrooms over Mashed Potatoes
() Cheerios	() Oatmeal		() Chicken Enchanadas
() Cream of Wheat	() Wheaties	VEGETABLE / STARCH	
() ½ & ½	() Frosted Flakes	() *Rice W/Mushrooms	VEGETABLE
	()	() *Cantonese Blend	() <u>*Sicilian Blend</u>
ENTREES		() Green Beans	() Broccoli Spears
() *Cheese Omelette	() *Canadian Bacon		
		DDE LDG	DDEADC
() Egg Beaters	() Cottage Cheese	BREADS	BREADS
() Egg Beaters () Peanut Butter	() Cottage Cheese () Yogurt W/Fruit	() *White Dinner Roll	() *Buttermilk Biscuits W/Butter & Honey
() Egg Beaters () Peanut Butter	() Cottage Cheese () Yogurt W/Fruit		() *Buttermilk Biscuits W/Butter & Honey() White Dinner Roll
() Peanut Butter	() Yogurt W/Fruit	() *White Dinner Roll	 () *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll
() Peanut Butter BREAKFAST	() Yogurt W/Fruit BREADS	 () *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread 	() *Buttermilk Biscuits W/Butter & Honey() White Dinner Roll
BREAKFAST () Buttered White Toass	() Yogurt W/Fruit BREADS	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS	 () *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread
BREAKFAST () Buttered White Toast () Buttered Whole Whee	() Yogurt W/Fruit BREADS st eat Toast	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To	() Yogurt W/Fruit BREADS st eat Toast oast	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with O	() Yogurt W/Fruit BREADS st eat Toast oast Cream Cheese	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with C () Toasted English Muf	() Yogurt W/Fruit BREADS st eat Toast oast Cream Cheese	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with O	() Yogurt W/Fruit BREADS st eat Toast oast Cream Cheese	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with C () Toasted English Muf	() Yogurt W/Fruit BREADS st eat Toast oast Cream Cheese ffin	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet BEVERAGES / CONDIMENTS
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with C () Toasted English Muf () Assorted Danish BEVERAGES/CO () *Coffee	() Yogurt W/Fruit BREADS St eat Toast Oast Cream Cheese ffin DNDIMENTS () Hot Chocolate	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with O () Toasted English Muf () Assorted Danish BEVERAGES/CO () *Coffee () Decaf Coffee	() Yogurt W/Fruit BREADS St eat Toast oast Cream Cheese ffin DNDIMENTS () Hot Chocolate () Creamer	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with O () Toasted English Muf () Assorted Danish BEVERAGES/CO () *Coffee () Decaf Coffee () Hot Tea	() Yogurt W/Fruit BREADS St eat Toast oast Cream Cheese ffin DNDIMENTS () Hot Chocolate () Creamer () Non-Dairy Creamer	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Non-Dairy Creamer	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Non-Dairy Creamer
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with O () Toasted English Muf () Assorted Danish BEVERAGES/CO () *Coffee () Decaf Coffee () Hot Tea () Herbal Tea	() Yogurt W/Fruit BREADS St eat Toast Oast Cream Cheese Sfin ONDIMENTS () Hot Chocolate () Creamer () Non-Dairy Creamer () Lemon	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Non-Dairy Creamer () Whole Milk () Lemon	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Non-Dairy Creamer () Whole Milk () Lemon
BREAKFAST () Buttered White Toass () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with O () Toasted English Muf () Assorted Danish BEVERAGES/CO () *Coffee () Decaf Coffee () Hot Tea	() Yogurt W/Fruit BREADS St eat Toast oast Cream Cheese ffin DNDIMENTS () Hot Chocolate () Creamer () Non-Dairy Creamer	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Non-Dairy Creamer () Whole Milk () Lemon () *Margarine	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Non-Dairy Creamer () Whole Milk () Lemon () *2% Milk () *Margarine
BREAKFAST () Buttered White Toast () Buttered Whole Whee () *Buttered Raisin To () Toasted Bagel with O () Toasted English Muf () Assorted Danish BEVERAGES/CO () *Coffee () Decaf Coffee () Decaf Coffee () Hot Tea () Herbal Tea () Whole Milk () *2% Milk () Skim Milk	() Yogurt W/Fruit BREADS St eat Toast Oast Cream Cheese Sfin ONDIMENTS () Hot Chocolate () Creamer () Non-Dairy Creamer () Lemon () *Margarine () Jelly () Honey	() *White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Sherbet () Vanilla Ice Cream cup () Rainbow Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Non-Dairy Creamer () Whole Milk () Lemon () *2% Milk () *Margarine () Skim Milk () Jelly	() *Buttermilk Biscuits W/Butter & Honey () White Dinner Roll () Whole Wheat Dinner Roll () Wheat Bread DESSERTS () *Lemon Bar () Vanilla Ice Cream Cup () Cream D' Menthe Sherbet BEVERAGES / CONDIMENTS () Coffee () Decaf Coffee () Hot Chocolate () Ice Tea () *Hot Tea () Creamer () Herbal Tea () Creamer () Whole Milk () Lemon () *2% Milk () *Margarine () Skim Milk () Jelly
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